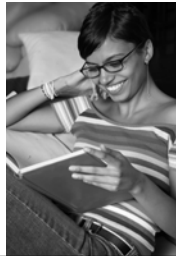


How to Read Textbooks More Effectively

Macon State College
Academic Resource Center
Academic Success Skills Workshop Series

Reading Textbooks

- What affects reading success?
- Reading more effectively
- Reading efficiency
- Vocabulary

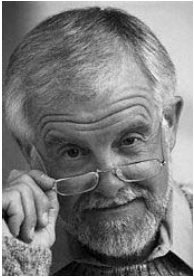


Reading Success

- What affects your reading success?
 - vision
 - procrastination
 - time
 - amount
 - motivation
 - concentration
 - fatigue



About Vision



- Headaches?
- Blurry?

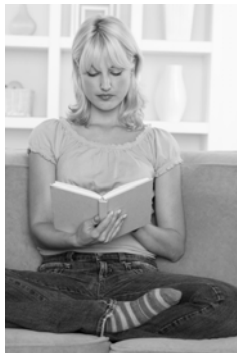
Reading Issues

- retention
- comprehension
- vocabulary
- recall
- synthesis
- analysis



Reading Effectively

- reading strategies
- reading efficiency
- vocabulary



Reading Strategies



- skimming
- reading difficult material
- remembering what you read
- SQ3R

Skimming

- introduction
- summary
- subheadings
- first paragraph
- last paragraph
- skim
- summary notes



Reading Difficult Material

- active approach
- title
- first paragraph
- main ideas
- look up words
- reread
- to the end








Remembering What You Read

- association
- visualization
- concentration
- repetition



SQ3R

- Survey 
- Question 
- Read 
- Recite 
- Review 

Survey

- title
- intro or summary
- headings and subheadings
- graphics
- reading aids

Question

- turn headings into questions
- important step!

Read

- read one section at a time
- add more questions, if necessary
- don't get bogged down with details

Recite

- when do you recite?
- how do you recite?
- what if you can't recall?

Review

- how do you review?
- what if you've forgotten some of the answers?

When to use SQ3R

- when can't I use SQ3R?
- when should I use SQ3R?
- how does the professor use the textbook?

SQ3R Action Plan

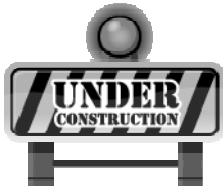
- plan ahead
- read before class
- meet with your professor

Reading Speed

- background knowledge
- building speed



Building Vocabulary



- pay attention
- dictionary
- running lists
- technical terminology

Wise words . . .



The more that you read,
the more things you
will know. The more
that you learn, the
more places you'll go.
Dr. Seuss

Extra Assistance



- Academic Resource Center
- Macon State Library

Acknowledgements

- Special thanks to the Learning Commons at Conestoga College
- Reading Speed information adapted from:
 - Carter, Bishop, Kravits, Maurin. (2004). Keys to Success. Pearson Prentice Hall. Toronto:ON.
